

HUGHES HEALTH AND REHABILITATION

1/29/12 - 2/4/12

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B							
R	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE
E	6oz CREAM OF WHEAT	6oz MAYPO	6oz OATMEAL	6oz CREAM OF WHEAT	6oz CREAM OF RICE	6oz CINNAMON OATMEAL	6oz CREAM OF WHEAT
A	2ea WAFFLES	2oz SCRAMBLED EGGS	1ea BOILED EGG/ 2sl BACON	2ea FRENCH TOAST	2ea SCRAMBLED EGG	4oz VEGETABLE FRITTATA	2ea PANCAKES
K	1oz W/ FRUIT SAUCE	1ea DONUT	2sl TOAST	1ea MAPLE SYRUP	1eaCROISSANT	1ea HASHBROWNS	2ea SAUSAGE LINKS
F	2ea SAUSAGE LINKS	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea MAPLE SYRUP
A	1ea BANANA	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK	1ea BANANA
S	8oz MILK						8oz MILK
T							
L	3oz HONEY PORK ROAST	4oz SAUTE VEAL	6oz STUFFED SHELLS	6oz CHICKEN POT PIE	4oz SAUSAGE, PEPPER,	6oz CREAMY MACARONI	3oz COUNTRY STYLE MEATLOAF
U	4oz SWEET POTATO	2oz MUSHROOM GRAVY	4oz SPINACH	4oz BRUSSEL SPROUTS	4oz POTATO CASSEROLE	AND CHEESE	4oz MASHED POTATO
N	4oz PEAS	4oz MASHED POTATO	1ea GARLIC BREAD	1ea DINNER ROLL	4oz FRENCH CUT BEANS	4oz STEWED TOMATOES	4oz MIXED VEGETABLES
C	1ea BREAD STICKS	4oz BUTTERED TURNIPS	4oz FRUIT COBBLER	4oz PINEAPPLES	1sl ITALIAN BREAD	1ea DINNER ROLL	1sl WHEAT BREAD
H	4oz LEMON MERINGUE PIE	1sl WHEAT BREAD	4oz MILK	4oz MILK	4 oz FRUIT CUP	4oz ICE CREAM	4 oz DUMP CAKE
	4oz MILK	4oz BREAD PUDDING	4oz CRANBERRY JUICE	4oz APPLE JUICE	4oz MILK	4oz MILK	4oz MILK
	4oz CRANBERRY JUICE	4oz MILK			4oz PINEAPPLE JUICE	4oz APRICOT JUICE	4oz APPLE JUICE
		4oz PINEAPPLE JUICE					
A	3oz SALISBURY STEAK	3oz BAKED FISH	4oz BREADED PORK CHOPS	3oz BAKED HAM	3 oz SALISBURY STEAK	3oz BAKED FISH	3oz ROASTED TURKEY
L				1oz WITH FRUIT SAUCE			
T							
S	6oz BEEF BARLEY SOUP	6oz VEGETABLE SOUP	6oz HOMEMADE CHICKEN NOODL	6oz CORN CHOWDER SOUP	6oz CREAM OF BROCCOLI SOUP	6oz TOMATO SOUP	6oz CHICKEN GUMBO SOUP
U	4oz SEAFOOD SALAD	2oz MONTE CRISTO SANDWICH	3oz ROAST BEEF SANDWICH	3oz EGG SALAD & TURKEY	3oz SALSA CHICKEN OVER	4oz CRAB CAKES	2oz PULLED BBQ PORK
P	1 ea ON A CROISSANT	4oz BABY CARROTS	4oz POTATO SALAD	SALAD ON LETTUCE	4oz BROWN RICE	4oz ROASTED POTATO	1ea ON A BUN
P	4oz CUCUMBER DILL SALAD	1/8 pieBOSTON CREAM PIE	4oz COLESLAW	4oz BEET SALAD	4oz YELLOW SQUASH	4oz WINTER MIX VEGETABLES	4oz WAX BEANS
E	4oz BAKED APPLE SLICES	4oz MILK	4oz BUTTERSCOTCH PUDDING	1ea DINNER ROLL	1sl WHEAT BREAD	1sl RYE BREAD	2 ea OATMEAL COOKIES
R	4oz MILK	4oz CRANBERRY JUICE	4oz MILK	4oz STRAWBERRY RHUBARB PIE	4oz RAINBOW JELLO	4oz FRESH FRUITS	4oz MILK
R	4oz APPLE JUICE		4oz PINEAPPLE JUICE	4oz MILK	4oz MILK	4oz MILK	4oz PINEAPPLE JUICE
				4oz APRICOT JUICE	4oz APPLE JUICE	4oz CRANBERRY JUICE	
A	2oz HAM SALAD	3oz BAKED CHICKEN	3oz EGG SALAD SANDWICH	2oz MEATBALL GRINDER	4oz STUFFED MANICOTTI	3oz TURKEY AND CHEESE SANDW	3oz GRILLED CHICKEN
L	2sl ON RYE BREAD						
T							

HUGHES HEALTH AND REHABILITATION

2/5/12-2/11/12

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T							
	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE
	6oz OATMEAL	6oz CREAM of WHEAT	6oz CREAM of RICE	6oz MAYPO	6oz OATMEAL	6oz CREAM of WHEAT	6oz OATMEAL
	2oz/2sl OMLETTE/ BACON	2oz/1oz EGG/CHEESE	2sl FRENCH TOAST	2oz VEGETABLE FRITTATA	2ea BUTTERMILK PANCAKES	1ea BOILED EGGS	2oz SCRAMBLED EGG
	1ea ASSORTED PASTRY	1ea ON A CROISSANT	1ea MAPLE SYRUP	2sl TOAST	1ea MAPLE SYRUP	1ea CINNAMON ROLL	2sl BACON
	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	2ea SAUSAGE	1ea BANANA	1ea FRESH MUFFIN
	8oz MILK	8oz MILK	8oz MILK	8oz MILK	1ea BANANA 8oz MILK	8oz MILK	1ea BANANA 8oz MILK
L U N C H							
	3oz ROASTED TURKEY	4oz CARNITA PORK	3oz BAKED CHICKEN QUARTER	6oz AMERICAN CHOP SUEY	4oz CHICKEN NUGGETS	3oz STUFFED FISH	3oz PORK ROAST
	3oz STUFFING/ CRANBERRY SAU	4oz RICE AND BEANS	4oz MASHED POTATO	4ozCAULIFLOWER	4oz RICE PILAF	4oz POTATO ROMANOFF	4oz SCALLOPED POTATO
	4oz BAKED SWEET POTATO	4ozCALIFORNIA BLEND	4oz ZUCCHINI	1sl WHITE BREAD	4oz BROCCOLI	4oz PRINCE VEGETABLES	4oz PEAS AND ONIONS
	4oz PEAS	1ea BREAD STICKS	1sl WHEAT BREAD	4oz APPLE PIE	1sl WHITE BREAD	1sl RYE BREAD	1sl WHEAT BREAD
	1ea DINNER ROLL	1/8 pie BANANA CREAM PIE	4oz SHERBET	4oz MILK	4oz PEACH AND PEAR CUP	4oz ASSORTED ICE CREAM	4oz MARBLE CAKE
	4oz RICE PUDDING	4oz MILK	4oz MILK	4oz APPLE JUICE	4oz MILK	4oz MILK	4oz MILK
A L T	4oz MILK	4oz PINEAPPLE JUICE	4oz CRANBERRY JUICE		4oz PINEAPPLE JUICE	4oz APRICOT JUICE	4oz APPLE JUICE
	4oz CRANBERRY JUICE						
	3oz GLAZED HAM	3oz BAKED CHICKEN	3oz LIVER AND ONIONS	3oz CHICKEN CROQUETS	3oz STUFFED CLAMS	3oz SALISBURY STEAK	3oz BAKED FISH
S U P P E R	6oz FRENCH ONION SOUP	6oz CHICKEN ORZO SOUP	6oz VEGETABLE SOUP	6oz PEA SOUP	6oz MINSTRONE SOUP	4oz CHUNKY TOMATO SOUP	6oz CABBAGE SOUP
	3oz PHILLY CHEESE STEAK	4oz VEAL PARMESAN	4oz BEEF WELLINGTON	2oz/1oz GRILLED CHEESE	3oz BREADED PORK CHOPS	6oz TUNA PASTA SALAD	6oz SHERPHARDS PIE
	1ea ON A ROLL	4oz ANGEL HAIR PASTA	4oz BAKED POTATO	3ea PICKLES CHIPS	4oz RED BOILED POTATO	4oz BEET SALAD	4oz BABY CARROTS
	4oz 3 BEAN SALAD	4oz FRENCH BEANS	4oz SUCCOTASH	4oz CARROT SALAD	4ozTURNIPS	1ea DINNER ROLL	1sl OAT BREAD
	4oz PINEAPPLE TIDBITS	1sl FRENCH BREAD	1ea DINNER ROLL	4oz PLUMS	1ea DINNER ROLL	1ea CREAM PUFFS	4oz AMBROSIA
	4oz MILK	4oz FRUITED JELLO	4oz BLUEBERRY ANGEL CAKE	4oz MILK	4oz BREAD PUDDING	4oz MILK	4oz MILK
	4oz APPLE JUICE	4oz MILK	4oz MILK	4oz APRICOT JUICE	4oz MILK	4oz CRANBERRY JUICE	4oz PINEAPPLE JUICE
A L T		4oz CRANBERRY JUICE	4oz PINEAPPLE JUICE		4oz APPLE JUICE		
	2oz EGG SALAD	3oz TURKEY SANDWICH	3oz BAKED CHICKEN	3oz MEATBALL GRINDER	3oz CHICKEN SALAD	3oz HAM SALAD	3oz VEAL ROULADE
	SANDWICH			2oz/1oz GRILLED HAM AND CHEE	ON A CROISSANT	SANDWICH	

HUGHES HEALTH AND REHABILITATION

2/12/12-2/18/12

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B							
R	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE
E	6oz CREAM OF RICE	6oz OATMEAL	6oz CREAM OF WHEAT	6oz MAYPO	6oz OATMEAL	6oz CREAM OF WHEAT	6oz CREAM OF RICE
A	2ea FRENCH TOAST	2ea PANCAKES	2oz CHEESE FRITTATA	2ea WAFFLES	3oz CHEESE OMELETTE	2ea FRENCH TOAST	2oz SCRAMBLED EGG
K	1ea MAPLE SYRUP	1ea MAPLE SYRUP/ 1ea BANANA	4"CINNAM. COFFEE CAKE	1ea MAPLE SYRUP/ BANANA	1ea HASHBROWN PATTY	2ea SAUSAGE LINKS	4oz HOMEFRIES
F	1ea BANANA	2sl BACON	1ea BANANA	2ea SAUSAGE LINKS	1ea BANANA	1ea MAPLE SYRUP/BANANA	2sl TOAST/1ea BANANA
A	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK
S							
T							
L	3oz ROASTED LAMB	4oz SWEET&SOUR PORK	3oz CORNED BEEF	4oz STUFFED CHICKEN	STUFFED PEPPER	5oz FISH FLORENTINE	3oz KIELBASA AND
U	2oz MINT JELLY	4oz VEGETABLE RICE	4oz RED BOILED POTATO	4oz RICE PILAF	WAX BEANS	4oz PRINCE VEGETABLES	2oz SAUERKRAUT
N	4oz BAKED POTATO	4oz BROCCOLI	4oz CABBAGE AND CARROTS	4ozSPINACH	GARLIC MASHED POTATO	4oz SCALLOPED POTATO	4oz CARROT COINS
C	4oz GREEN BEAN CASSEROLE	1sl OAT BREAD	1sl RYE BREAD	1ea DINNER ROLL	WHEAT BREAD	1ea DINNER ROLL	4oz BOILED POTATO
H	1ea DINNER ROLL	4oz CUSTARD PIE	4oz PISTACHIO PUDDING	4oz ICE CREAM	ENGLISH TRIFLE	4oz PINEAPPLE TIDBITS	1sl WHEAT BREAD
	4oz APRICOT	4oz MILK	4oz MILK	4oz MILK	MILK	4oz MILK	1/8 pie STRAWBERRY CREAM PIE
	4oz MILK	4oz PINEAPPLE JUICE	4oz CRANBERRY JUICE	4oz APPLE JUICE		4oz APRICOT JUICE	4oz MILK
	4oz CRANBERRY JUICE						4oz APPLE JUICE
A	3oz SHAKE & BAKE CHICKEN	3oz MEATBALL GRINDER	3oz BAKED FISH	3oz GLAZED HAM	CHICKEN CROQUETS	3oz ROASTED TURKEY	3oz VEAL ROULADE
L							
T							
S	6oz LENTIL SOUP	6oz CREAM OF BROCCOLI SOUP	6oz MINESTRONE SOUP	6oz CHICKEN VEGETABLE SOUP	6oz TOMATO SOUP	6oz CLAM CHOWDER SOUP	6oz VEGETABLE SOUP
U	4oz CHICKEN SALAD	4oz SWEDISH MEATBALLS	2oz/1oz TURKEY AND CHEESE	6oz MEAT/CHEESE RAVIOLI	3oz GRILLED CHICKEN	8oz SHRIMP AND ORZO	3oz HAMBURGER
P	1ea ON A PITA BREAD	4oz EGG NOODLES/ 4oz PEAS	SANDWICH	2oz WITH TOMATO SAUCE	1ea ON A BUN	WITH CHERRY TOMATOES	1ea ON A BUN
P	4oz BEET SALAD	1sl WHEAT BREAD	4oz CARROT SALAD	4oz VEGETABLE MEDLEY	4oz CUCUMBER SALAD	4oz BROCCOLI	4oz POTATO SALAD
E	2ea SUGAR COOKIES	4" POUND CAKE WITH	4oz PEACH CRISP	1ea DINNER ROLL	4oz FRESH FRUITS	1ea WHITE BREAD	4oz LETTUCE/TOMATO/ONION
R	4oz MILK	2oz FRUIT TOPPING	4oz MILK	4oz FRUIT CUP	4oz MILK	oz FUDGE BROWNIE	4oz MANDARIN ORANGES
	4oz APPLE JUICE	4oz MILK	4oz PINEAPPLE JUICE	4oz MILK	4oz APPLE JUICE	4oz MILK	4oz MILK
		4oz CRANBERRY JUICE		4oz APRICOT JUICE		4oz CRANBERRY JUICE	4oz PINEAPPLE JUICE
A	2oz SEAFOOD SALAD	3oz BREADED PORK CHOP	3oz HAM SALAD	3oz SALISBURY STEAK	4oz VEAL PARMESAN	4oz LEMON BAKED CHICKEN	2oz HOT DOG
L	SANDWICH		SANDWICH				
T							

HUGHES HEALTH AND REHABILITATION

2/19/12 -2/25/12

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B							
R	8 oz ORANGE JUICE	8 oz ORANGE JUICE	8 oz ORANGE JUICE	8 oz ORANGE JUICE	8 oz ORANGE JUICE	8 oz ORANGE JUICE	8 oz ORANGE JUICE
E	6oz OATMEAL	6oz CREAM OF WHEAT	6oz CREAM OF RICE	6 oz CINNAMON OATMEAL	6 oz MAYPO	6 oz CREAM OF WHEAT	6 oz OATMEAL
A	2ea WAFFLES	1 ea BOILED EGG	2 ea BUTTERMILK PANCAKES	2 oz SCRAMBLED EGGS	4oz VEGETABLE FRITTATA	2ea FRENCH TOAST	2oz OMLETTE
K	2oz WITH FRUIT SYRUP	4" COFFEE CAKE	1ea MAPLE SYRUP	1ea ASSORTED PASTRY	2ea RAISIN TOAST	1ea MAPLE SYRUP	1ea FRESH BAKED MUFFIN
F	2ea SAUSAGE LINKS	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA
A	1ea BANANA	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK
S	8oz MILK						
T							
L	3oz POT ROAST	4 oz SPAGHETTI WITH MEAT OR	3oz ORANGE GLAZED CHICKEN	6oz TURKEY DIVAN	8oz CREAMY MACARONI	3oz BAKED FISH	6oz CHICKEN CACCIATORE
U	4oz BAKED POTATO	4oz MEATLESS SAUCE	4oz CORN PUDDING	4oz OVER RICE	AND CHEESE	4oz AU GRATIN POTATO	4oz OVER RICE
N	2oz WITH SOURCREAM	4oz ITALIAN BEANS	4oz COLLARD GREENS	4oz SLICED BEETS	4oz TOMATO AND ZUCCHINI	4oz SPINACH	4oz GREEN BEANS
C	4oz BABY CARROTS	1ea GARLIC BREAD	1ea DINNER ROLL	1sl WHITE BREAD	1ea DINNER ROLL	1ea DINNER ROLL	1sl ITALIAN BREAD
H	1ea BREADSTICKS	4oz PEACH KRUNCH PIE	1ea ÉCLAIR	4oz APRICOTS	4oz FRUITED JELLO	1ea ASSORTED ICE CREAM	4 oz TAPIOCA PUDDING
	4oz PINEAPPLES	4oz MILK	4oz MILK	4oz MILK	4oz MILK	4oz MILK	4oz MILK
	4oz MILK	4oz PINEAPPLE JUICE	4oz CRANBERRY JUICE	4oz APPLE JUICE	4oz PINEAPPLE JUICE	4oz APRICOT JUICE	4oz APPLE JUICE
	4oz CRANBERRY JUICE						
A	3oz BAKED FISH	3oz GRILLED CHICKEN	3oz SALISBURY STEAK	3oz VEAL PARMESAN	3oz BBQ PORK RIBS	3 oz ROASTED TURKEY	3oz FISH CAKES WITH
L			2oz WITH GRAVY				2oz TARTAR SAUCE
T							
S	6oz MINISTRONE SOUP	6oz CREAM OF MUSHROOM SOU	6oz CHICKEN VEGETABLE SOUP	6 oz FRENCH ONION SOUP	6oz PEA SOUP	6oz TOMATO FLORENTINE SOUP	6oz CABBAGE SOUP
U	3oz GARLIC LEMON PORK CHOP	3oz OPEN FACE TURKEY	6oz HOT DOGS AND BEANS	6oz SPINACH CHEESE QUICHE	3oz PORCUPINE MEATBALLS	3oz TUNA CHEESE MELTS	6oz BURGER QUESADILLA
P	4oz MASHED POTATO	1sl SANDWICH	CASSEROLE	4oz PEAS AND CARROTS	2oz WITH MUSHROOM GRAVY	1sl ON RYE BREAD	4oz MEXICALLI
P	4oz PRINCE VEGETABLES	4oz SLICED CARROTS	4oz WAX BEANS	1sl FRENCH BREAD	4oz COUSCOUS/4oz BROCCOLI	4oz PEAS AND ONION	4oz STRAWBERRY SHORT CAKE
E	1sl WHEAT BREAD	4oz POUND CAKE WITH	1sl WHEAT BREAD	4oz BLUEBERRY PIE	1sl WHEAT BREAD	4oz TROPICAL FRUITS	4oz MILK
R	4oz PEANUT BUTTER BROWNIE	FRUIT TOPPING	4oz FRESH FRUITS	4oz MILK	4oz COCONUT CREAM PIE	4oz MILK	4oz PINEAPPLE JUICE
	4oz MILK	4oz MILK	4oz MILK	4oz APRICOT JUICE	4oz MILK	4oz CRANBERRY JUICE	
	4oz APPLE JUICE	4oz CRANBERRY JUICE	4oz PINEAPPLE JUICE		4oz APPLE JUICE		
A	3oz LIVER AND ONION	3oz GLAZED HAM	3oz HAMBURGER ON A BUN	6oz MEAT RAVIOLI	3oz STUFFED CLAMS	3oz MEATLOAF	2 oz TURKEY SANDWICH
L				1oz WITH TOMATO SAUCE			
T							

HUGHES HEALTH AND REHABILITATION

2/26/12 - 3/3/12

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B							
R	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE	8oz ORANGE JUICE
E	6oz CREAM OF WHEAT	6oz MAYPO	6oz OATMEAL	6oz CREAM OF WHEAT	6oz CREAM OF RICE	6oz CINNAMON OATMEAL	6oz CREAM OF WHEAT
A	2ea WAFFLES	2oz SCRAMBLED EGGS	1ea BOILED EGG/ 2sl BACON	2ea FRENCH TOAST	2ea SCRAMBLED EGG	4oz VEGETABLE FRITTATA	2ea PANCAKES
K	1oz W/ FRUIT SAUCE	1ea DONUT	2sl TOAST	1ea MAPLE SYRUP	1eaCROISSANT	1ea HASHBROWNS	2ea SAUSAGE LINKS
F	2ea SAUSAGE LINKS	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea BANANA	1ea MAPLE SYRUP
A	1ea BANANA	8oz MILK	8oz MILK	8oz MILK	8oz MILK	8oz MILK	1ea BANANA
S	8oz MILK						8oz MILK
T							
L	3oz HONEY PORK ROAST	4oz SAUTE VEAL	6oz STUFFED SHELLS	6oz CHICKEN POT PIE	4oz SAUSAGE, PEPPER,	6oz CREAMY MACARONI	3oz COUNTRY STYLE MEATLOAF
U	4oz SWEET POTATO	2oz MUSHROOM GRAVY	4oz SPINACH	4oz BRUSSEL SPROUTS	4oz POTATO CASSEROLE	AND CHEESE	4oz MASHED POTATO
N	4oz PEAS	4oz MASHED POTATO	1ea GARLIC BREAD	1ea DINNER ROLL	4oz FRENCH CUT BEANS	4oz STEWED TOMATOES	4oz MIXED VEGETABLES
C	1ea BREAD STICKS	4oz BUTTERED TURNIPS	4oz FRUIT COBBLER	4oz PINEAPPLES	1sl ITALIAN BREAD	1ea DINNER ROLL	1sl WHEAT BREAD
H	4oz LEMON MERINGUE PIE	1sl WHEAT BREAD	4oz MILK	4oz MILK	4 oz FRUIT CUP	4oz ICE CREAM	4 oz DUMP CAKE
	4oz MILK	4oz BREAD PUDDING	4oz CRANBERRY JUICE	4oz APPLE JUICE	4oz MILK	4oz MILK	4oz MILK
	4oz CRANBERRY JUICE	4oz MILK			4oz PINEAPPLE JUICE	4oz APRICOT JUICE	4oz APPLE JUICE
		4oz PINEAPPLE JUICE					
A	3oz SALISBURY STEAK	3oz BAKED FISH	4oz BREADED PORK CHOPS	3oz BAKED HAM	3 oz SALISBURY STEAK	3oz BAKED FISH	3oz ROASTED TURKEY
L				1oz WITH FRUIT SAUCE			
T							
S	6oz BEEF BARLEY SOUP	6oz VEGETABLE SOUP	6oz HOMEMADE CHICKEN NOODL	6oz CORN CHOWDER SOUP	6oz CREAM OF BROCCOLI SOUP	6oz TOMATO SOUP	6oz CHICKEN GUMBO SOUP
U	4oz SEAFOOD SALAD	2oz MONTE CRISTO SANDWICH	3oz ROAST BEEF SANDWICH	3oz EGG SALAD & TURKEY	3oz SALSA CHICKEN OVER	4oz CRAB CAKES	2oz PULLED BBQ PORK
P	1 ea ON A CROISSANT	4oz BABY CARROTS	4oz POTATO SALAD	SALAD ON LETTUCE	4oz BROWN RICE	4oz ROASTED POTATO	1ea ON A BUN
P	4oz CUCUMBER DILL SALAD	1/8 pieBOSTON CREAM PIE	4oz COLESLAW	4oz BEET SALAD	4oz YELLOW SQUASH	4oz WINTER MIX VEGETABLES	4oz WAX BEANS
E	4oz BAKED APPLE SLICES	4oz MILK	4oz BUTTERSCOTCH PUDDING	1ea DINNER ROLL	1sl WHEAT BREAD	1sl RYE BREAD	2 ea OATMEAL COOKIES
R	4oz MILK	4oz CRANBERRY JUICE	4oz MILK	4oz STRAWBERRY RHUBARB PIE	4oz RAINBOW JELLO	4oz FRESH FRUITS	4oz MILK
R	4oz APPLE JUICE		4oz PINEAPPLE JUICE	4oz MILK	4oz MILK	4oz MILK	4oz PINEAPPLE JUICE
				4oz APRICOT JUICE	4oz APPLE JUICE	4oz CRANBERRY JUICE	
A	2oz HAM SALAD	3oz BAKED CHICKEN	3oz EGG SALAD SANDWICH	2oz MEATBALL GRINDER	4oz STUFFED MANICOTTI	3oz TURKEY AND CHEESE SANDW	3oz GRILLED CHICKEN
L	2sl ON RYE BREAD						
T							