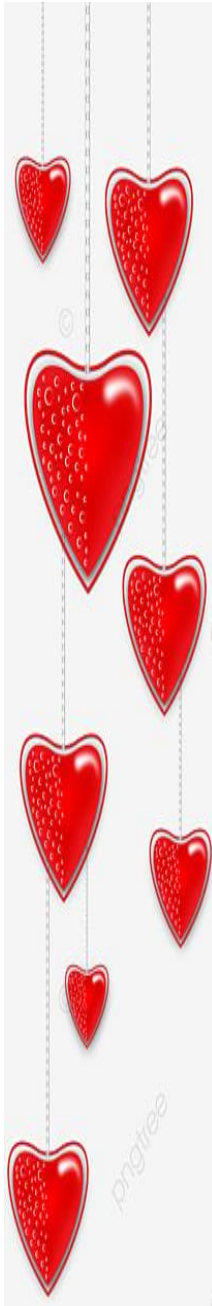














# HUGHES FEBUARY ACTIVITIES 2023

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|---|---|---|--|--|
|  | <p><b>KEY TO PROGRAMS</b></p>  <p>F = Family Room<br/>B = Bamboo Room<br/>A= All units<br/>N = North Unit</p> | <p><b>MAIL DELIVERY</b><br/>MONDAY – SATURDAY</p>                                | <p>1<br/>10:30 Yoga Stretch (F)<br/>10:00 Strolling Sing-a-Long (A)<br/>2:00 Resident Council (F)</p>                             | <p>2<br/>10:30 Baking Banana Bread w/ Iride (B)<br/>1:45 BINGO(F)</p>   | <p>3<br/>10:30 Family Feud<br/>2:00 Banana Bread Social with T-Bone (F)</p>  | <p>4<br/>10:00-12:00 Morning Manicures (B)<br/>2:00 BINGO (F)</p>  |
|   | <p>6<br/>10:30 Coffee Social and Biography of...(F)<br/><br/>1:45 BINGO (F)</p>                               | <p>7<br/>10:30 Crafting With Chris (N) <br/>2:00 Communion(A) and Rosary (F)</p> | <p>8<br/>10:30 Movement to Music (F)<br/>10:00 Strolling Dice Game(A)<br/>2:00 Words of Love Word Game. (F)</p>                   | <p>9<br/>10:30 Killer Cupcakes With Iride (B)<br/>1:45 BINGO(F)<br/></p> | <p>10<br/>10:30 Foot Ball Toss and Sports Trivia F)<br/>2:00 Pancake Party <br/>(F)</p>                   | <p>11<br/>10:30 Have You Ever?(F)<br/>2:00 BINGO (F)</p>           |
|   | <p>13<br/>10:30 Coffee Social and Scattergories (F)<br/><br/>1:45 BINGO(F)</p>                                | <p>14 <b>Valentine's Day</b><br/>10:30 Card Games (N)<br/>2:00 Troubadour Live Music and Comedy. And Think Pink Party (F)</p>                                     | <p>15<br/>10:30 Card Sharks(F)<br/>10:00 Strolling Exercise Cart. (A)<br/>2:00 Wheel of Fortune (F)</p>                           | <p>16<br/>10:30 Baking with Chris (B)<br/>1:45 BINGO (F)<br/></p>        | <p>17<br/>10:30 Tempo Tap(F)<br/>2:00 Laugh Out Loud, with Drinks and Snacks (F) </p>                     | <p>18<br/>10:00-12:00 Morning Manicures (B)<br/>2:00 BINGO (F)</p> |
|   | <p>20<br/>10:30 Coffee Social and President Bio and Trivia (F)<br/><br/>1:45 BINGO(F)</p>                   | <p>21<br/>10:30 Dominos/ and Other Board Games (N)<br/>2:00 Gospel Sing-a-Long (F)</p>  | <p>22 <b>Ash Wednesday</b><br/>10:30 Qi Gong and Laughter Yoga (F)<br/>10:00 Boggle on Wheels. (A)<br/>2:00 Religious Service</p> | <p>23<br/>10:30 Baking With Chris (B)<br/>1:45 BINGO (F)<br/></p>      | <p>24<br/>10:30 Love Stories(F)<br/>2:00 Birthday Party With "Hard Day's Night" Beatles Movie. (F) </p> | <p>25<br/>10:30 Morning Stretches (F )<br/>2:00 BINGO (F)</p>      |
|   | <p>27<br/>10:30 Arts and Crafts. (B)<br/><br/>1:45 BINGO(F)</p>   | <p>28<br/>10:30 Morning Stretch (N)<br/>2: 00 Communion, and Rosary (F)</p>   | <p><i>Resident Council is at 2:00 P.M. Wednesday 1rst All Residents are welcome</i></p>   |   |   |  |